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EDUCATION

Ph.D. student
Anticipated
completion 2012

University of Washington, Seattle
Evans School of Public Affairs
Statistical concentration in the Center for Statistics & the Social Sciences

M.S. (Research)
2000

Saint Louis University, St. Louis, Missouri
Clinical Psychology Doctoral Program (APA Accredited)
Thesis: Development & Preliminary Psychometrics of a Self-Harm Inventory
Thesis Chair: H. Russell Searight, Ph.D.

B.S.
1992

Northwestern University, Evanston, Illinois
School of Education & Social Policy (Psychological Services)
Graduated *Magna Cum Laude*
National Merit Scholar: 1988-1992; Quarterly Honors: 1989-1992

PROFESSIONAL EXPERIENCE

Research Assistant
September 2008 to
present

University of Washington Evans School of Public Affairs, Seattle
Supervisor: Mark Long, Ph.D.

Research Analyst
July 2003 to January
2009

Social Work Evaluation Program (Child Welfare Evaluation Program)
University of Alaska Anchorage School of Social Work
Supervisor: Susan M. Pope, Ph.D.

Assist in developing & executing program evaluations, needs assessments, & other research for a collaborative research & evaluation center. Coordinate data collection, database development & management, & analysis. Topics included foster & residential care, independent living for former foster youth, family preservation & support, parental substance use, maltreatment of vulnerable adults, & other human service areas.

Research Specialist
December 1999 to
July 2003

Casey Family Programs, Seattle
Supervisors: Peter J. Pecora, Ph.D.
A. Chris Downs, Ph.D.

Coordinate foster care alumni studies, with the University of Washington, University of Michigan Survey Research Center, Harvard University, the States of Washington & Oregon. Oversee tracking & location case record reviews, interviews, & public databases; & coordination of analysis, interpretation, & dissemination. Chair Human Subjects Review Committee.

**Disability
Determinations
Evaluator**
August 1997 to
November 1998

**Missouri Department of Elementary & Secondary Education, Section of
Disability Determinations (Contract)**
Saint Louis University Psychological Services Center
Supervisor: Phyllis Terry Friedman, Ph.D.

Conduct, interpret, & report assessments for individuals applying for disability income. Assessments included clinical interviews, mental status exams, intelligence testing, & brief personality/emotional testing.

Research Assistant
August 1997 to
January 1998

Saint Louis Behavioral Medicine Institute
Supervisor: Paul Duckro, Ph.D.

Conduct literature reviews for projects related to the Program for Psychology & Spirituality. Major project involved writing a two-part article describing the history of scrupulosity & its treatment.

Psychological Trainee
August 1996 to
December 1998

Saint Louis University Psychological Services Center
Supervisors: Jeffrey D. Gfeller, Ph.D.
H. Russell Searight, Ph.D.
Michael J. Ross, Ph.D., ABPP

Provide comprehensive outpatient psychological services to individuals & families from the St. Louis metropolitan area, including children, adolescents, & adults, with a variety of presenting problems. Services included psychotherapy & cognitive, psycho-educational, & personality assessments with objective & projective instruments.

**Research
Coordinator**
March 1996 to
August 1996

A.S.T.H.M.A., Inc., Childhood Asthma Management Program, Seattle
Supervisor: Tim Wighton, Ph.D.

Coordinate NIH-sponsored asthma study. Took vital signs, performed pulmonary function tests, gathered other data, interviewed parents & children, dispensed medications, advised patients & parents, calibrated instruments, coordinated group activities, & performed data entry.

**Mental Health
Specialist**
October 1994 to
November 1995

CPC Fairfax Hospital, Kirkland WA
Supervisor: Bob Miller

Provide counseling, therapeutic activities, & a safe milieu to mentally ill adolescents from varied ethnic & socioeconomic backgrounds. Presenting problems included mood disorders, sexual abuse, suicide attempts & self-harm, eating disorders, psychosis, & dissociation. Worked with psychiatric nurses, social workers, & recreational therapists, & in weekday treatment team meetings with psychiatrists. Participated in clinical supervision meetings, case presentations, & educational presentations.

TEACHING EXPERIENCE

- Teaching Assistant**
September 2009 to present
University of Washington Evans School of Public Affairs, Seattle
Supervisor: Robert Plotnick, Ph.D.
- Instructor**
August 1998 to December 1998
Lewis & Clark Community College, Godfrey IL
Supervisor: Joe Holcomb, M.S.
Responsible for all aspects of an Introduction to Psychology course, including lectures & development & grading of tests & assignments.
- Lab Instructor**
August 1997 to May 1998
Saint Louis University Department of Psychology
Supervisors: Donna LaVoie, Ph.D.
Janet Keubli, Ph.D.
Responsible for aiding in the development & implementation of a curriculum for laboratory sections of a beginning Statistics & Research Methodology class. Content included fundamentals of scientific inquiry, understanding descriptive & inferential statistics, & research ethics.
- Teaching Assistant**
August 1996 to May 1997
Saint Louis University Department of Psychology
Supervisors: Michael Ross, Ph.D., ABPP
Robert Wheeler, Ph.D.
Edward Sabin, Ph.D.
Responsible for test production, proctoring, & scoring. Recorded & calculated grades (Excel). Performed data entry (SPSS-x). Provided tutoring & guidance to undergraduate students.
- Instructor**
August 1996 to December 1996
Saint Louis University Department of Psychology
Supervisor: Jim Korn, Ph.D.
Responsible for conducting an auxiliary discussion section for undergraduate students in General Psychology classes, including developing & grading assignments.

SELECTED PUBLICATIONS

- Pecora, P.J., Kessler, R.C., Williams, J., English, D.J., White, J., & O'Brien, K. (2009). *What works in foster care? Key components of success from the Northwest Foster Care Alumni Study*. New York: Oxford University Press.
- Zerbe, R.O., Plotnick, R.D., Kessler, R.C., Pecora, P.J., Hiripi, E., O'Brien, K., Williams, J., et al. (2009). Benefits and costs of intensive foster care services: The Casey Family Programs compared to state services. *Contemporary Economic Policy*, 27, 308-320.
- White, C.R., O'Brien, K., Pecora, P.J., English, D., Williams, J.R., & Phillips, C.M. (2009). Depression among alumni of foster care: Decreasing rates through improvement of experiences in care. *Journal of Emotional and Behavioral Disorders*, 17, 38-48.
- Kessler, R.C., Pecora, P.J., Williams, J., Hiripi, E., O'Brien, K., English, D., White, J., Zerbe, J.R., Downs, A.C., Plotnick, R., Hwang, I., & Sampson, N.A. (2008). The effects of enhanced foster care on the long-term physical and mental health of foster care alumni. *Archives in General Psychiatry*, 65, 625-633.
- Pope, S.M., Williams, J.R., & Sirles, E.A. (2007). *Alaska's abuse prevention training program: Final report*. Anchorage: University of Alaska Anchorage.
- Pecora, P.J., Kessler, R.C., O'Brien, K., White, C.R., Williams, J., Hiripi, E., et al. (2006). Educational & employment outcomes of adults formerly placed in foster care: Results from the Northwest Foster Care Alumni Study. *Children and Youth Services Review*, 28, 1459-1481.
- Williams, J., McWilliams, A., Mainieri, T., Pecora, P.J., & La Belle, K. (2006). Enhancing the validity of foster care follow-up studies through multiple alumni location strategies. *Child Welfare*, 85, 499-521.
- Pecora, P.J., Williams, J., Kessler, R.C., Hiripi, E., O'Brien, K., Emerson, J., Herrick, M.A., & Torres, D. (2006). Assessing the educational achievements of adults who formerly were placed in family foster care. *Child and Family Social Work*, 11, 220-231.
- Williams, J.R., Pope, S.M., Sirles, E.A., & Lally, E.M. (2005). *Alaska foster care alumni study*. Anchorage: University of Alaska Anchorage. www.uaa.alaska.edu/swep/publications.cfm
- Pope, S.M., Williams, J.R., Sirles, E.A., & Lally, E.M. (2005). *Alaskan foster youth and independent living skills: An examination of the skills necessary for Alaskan youth transitioning from Office of Children's Services custody to independent living*. Anchorage: University of Alaska Anchorage. www.uaa.alaska.edu/swep/publications.cfm
- Pope, S.M., Williams, J.R., Sirles, E.A., & Lally, E.M. (2005). *Family preservation and support services: A literature review and report on outcome measures*. Anchorage: University of Alaska Anchorage. www.uaa.alaska.edu/swep/publications.cfm

- Pope, S.M., Williams, J.R., Katinsky, W.D., Sirles, E.A., & Lally, E.M. (2005). *Exploring the links between parental substance abuse and child welfare: Increasing understanding of the research and program issues in Alaska*. Anchorage: University of Alaska Anchorage.
www.uaa.alaska.edu/swep/publications.cfm
- Pecora, P.J., Kessler, R.C., Williams, J., O'Brien, K., Downs, A.C., English, D., et al. (2005). *Improving family foster care: Findings from the Northwest Foster Care Alumni Study*. Seattle: Casey Family Programs. www.casey.org/Resources/Projects/AlumniStudy/
- Pecora, P.J., Williams, J., Kessler, R.C., Downs, A.C., O'Brien, K., Hiripi, E., & Morello, S. (2003). *Assessing the effects of foster care: Early results from the Casey National Alumni Study*. Seattle: Casey Family Programs. www.casey.org/Resources/Projects/AlumniStudy/
- Downs, A.C., & Williams, J. (2003). Foster care, childhood. In T.P. Gullotta & M. Bloom (Eds.), *Encyclopedia of primary prevention and health promotion* (pp. 492-498). New York: Kluwer Academic/Plenum Publishers.
- Pecora, P.J., Williams, J., Downs, A.C., White, J., Schockner, L., Judd, B.M., & Stenslie-Franko, M. (2002). Assessing key results in family foster care using multiple measurement approaches. In T. Vecchiato, A.N. Maluccio, & C. Canali (Eds.), *Evaluation in child and family services: Comparative client and program perspectives*. Hawthorne NY: Aldine De Gruyter.
- Duckro, P., Williams, J., & Pollard, C.A. (1998). Scrupulosity: Age-old problem, holistic responses (Part II). *Program for Psychology and Religion UpDATE*, April 1998, 1-4.
- Duckro, P., & Williams, J. (1997). Scrupulosity: Age-old problem, holistic responses (Part I). *Program for Psychology and Religion UpDATE*, December 1997, 1-5.

SELECTED PRESENTATIONS

- Pope, S.M., & Williams, J.R. (2005, October). *Methodological lessons for foster care follow-up studies: Implications for evaluation practice*. Presentation at Evaluation 2005 (annual meeting of the American Evaluation Association), Toronto.
- O'Brien, K., Williams, J., Pecora, P., English, D.J., & Kessler, R.C. (2005, August). *Post-traumatic stress disorder and depression among alumni of foster care: Implications for practice and policy*. Paper presented at the annual meeting of the American Psychological Association, Washington DC.
- Herrick, M.A., Williams, J., & Pecora, P.J. (2004, July). *Measuring placement and living situation change in foster care*. Paper presented at the annual conference of the Foster Family Treatment Association, Nashville TN.
- Pecora, P., Williams, J., Kessler, R., & Associates. (2004). *Assessing the effects of foster care: Early results from the Casey National Alumni Study*. Poster presented at the Institute for the Advancement of Social Work Research's 10th anniversary Capitol Hill poster session, Washington DC.

Downs, A.C., Pecora, P.J., Kessler, R.J., & Williams, J. (2003, August). *Longitudinal predictors of adult success for foster care alumni*. Poster presented at the annual meeting of the American Psychological Association, Toronto.

Pecora, P.J., Downs, A.C., Kessler, R., English, D., Heeringa, S., White, J., Williams, J., Hiripi, E., & Alston, Q. (2003, March). *A study of foster care as a protective factor for maltreated youth*. Presentation at the Child Welfare League of America National Conference, Washington, DC.

Williams, J., Stenslie, M., Grossman, C., Abdullah, M., & Shinn, C. (2002, May). *In their own words: Listening to the voices of foster care alumni*. Workshop presented at the National Foster Parent Association Annual Education Conference, Las Vegas NV.

Williams, J., Downs, A.C., Judd, B. M., & Pecora, P.J. (2002, April). *The impact of independent living services during long-term foster care on adult outcomes: A longitudinal study*. Poster presented at the meeting of the Society for Research in Adolescence, New Orleans, LA.

REFERENCES

- Elizabeth A. Sirles, Ph.D.
Professor & Director, School of Social Work
University of Alaska Anchorage
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- Ronald C. Kessler, Ph.D.
Professor, Department of Health Care Policy
Harvard Medical School
180 Longwood Ave
Boston, MA 02115
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- A. Chris Downs, Ph.D.
President
The Downs Group
4742 42nd Ave SW #630
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- Peter J. Pecora, Ph.D.
Senior Director of Research
Casey Family Programs
1300 Dexter Ave N., 3rd Floor
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- H. Russell Searight, Ph.D.
Associate Professor, Department of Psychology
Lake Superior State University
650 W. Easterday Avenue
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- Paul J. Handal, Ph.D.
Professor, Department of Psychology
Saint Louis University
221 North Grand Boulevard
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Further references available upon request.