



TO: 2009-2010 Hubert H. Humphrey Fellows

FROM: Edward Roslof
Director, Humphrey Fellowship Program
Institute of International Education

SUBJECT: Health Issues

The Humphrey Year is a time filled with learning, exploration, and new experiences. It is also a time of major transition when a Humphrey Fellow experiences many changes and challenges.

At times, a Humphrey Fellow may experience a physical or mental health problem, such as depression, which will cause him/her to have difficulty in participating fully in Fellowship activities. We are aware that these types of situations occur. In discussion with the campus program coordinator, we can decide on a course of action to pursue in such situations to enable the Fellow to continue to successfully participate in the program. There are several options and the specific choice for any particular Fellow will be decided on a confidential, case-by-case basis in discussion with the Fellow.

If you find yourself experiencing a health problem that interferes with your successful participation in the Humphrey Program, please let your Campus Coordinators and/or IIE staff know. All of us are here to work with you to make your year as successful as possible.